



Headway Suffolk
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Dear Parish Council

Re: Headway Suffolk

Headway Suffolk is a local charity that offers rehabilitation, support and care to people with an acquired brain injury, stroke, dementia, MS or other neurological condition.

We provide specialist rehabilitation, therapy and support services throughout Suffolk to help people rebuild their lives. We aim to improve daily living skills, cognitive ability, physical, emotional and behavioural wellbeing. Our goal is that people increase social engagement, live independently, gain employment and become active members of the local community.

We have two rehab hubs in Ipswich and Bury St Edmunds and run 'satellite' hubs and dementia social support groups in community buildings throughout Suffolk.

Headway Suffolk is registered with CQC to deliver specialised home care and community support. We had our first CQC inspection since 2018 during 2022 and were absolutely delighted when we were rated as outstanding overall, in caring and well led. The inspector took the opportunity to not only look at home care service but the entire charity and was amazed at the extra length the staff go to on a daily basis to ensure that we deliver outstanding care to our vulnerable clients

During the pandemic Headway Suffolk opened a free shop to our clients. We continue to offer the free shop to help with the rising cost of living. Clients are able to help themselves with some support and guidance from staff to the food, toiletries and other items that they might need

Like all charities Covid 19 has hit us hard. We have seen increased work but had less funding. We are appealing to Parish Councils to support us and grant us a donation. Many have always supported us and we ask that you continue to do so, so that we can help people with a neurological condition in your Parish.

I look forward to hearing from you

Yours sincerely

Helen Fairweather
Helen Fairweather
Chief Executive

CQC Rated Outstanding Headway Suffolk is a Registered Charity No 1075338 and a company limited by guarantee Registered in England No. 3731392. Headway Suffolk is affiliated to Headway UK