

Lindsey Newsletter



SPRING 2018

WELCOME TO LINDSEY

A very warm welcome to Lindsey and Ashley (and forthcoming baby) to Lindsey Village!

If you have recently moved to Lindsey, please contact Jacqui on jacquidelhaye@yahoo.com or 01787 212273 and introduce yourselves. We can then formally welcome you to the village

CONTRIBUTIONS AND ARTICLES

Rhett Corcoran, Finian Moore, Sarah Terndrup, Kersey School, Bryn Hurren, Peter Probert, Sophie Jones, Charlie Buckle, David Ross, Vicky Waples, Lynne Walters and Jacqui Delhaye.

The Committee have done their best to ensure that information is correct when the Newsletter is printed.

Thanks to Lynne Walters for preparing the Newsletter for printing.

For any readers who would prefer the Lindsey Newsletter to be sent to them via email, please inform Jacqui on jacquidelhaye@yahoo.com

VILLAGE EVENTS

VILLAGE QUIZ



@ Lindsey Village Hall.

Tickets £5 per person. Bookings and info Liza Arthey: 01787 211643.
Bring your own food and drink (soft and alcoholic!)
All proceeds to Lindsey Village Hall.

Due to the bad weather, the Village Quiz was postponed and will be re-scheduled in the near future (Now 28th April)

Thursday 22nd March 2018 at 12.30
SOUP, CHEESE AND DELICIOUS PUDS LUNCH



@ Folly Farm, Lindsey.

Tickets: £10. All proceeds to the Friends of St Peter's Church, Lindsey.
To book: Tel Frances: 01787 210373 or Jacqui: 01787 212273

Easter Sunday 1st April 2018 at 10.00 am
Family Service @ St Peter's, Lindsey.



VILLAGE SUPPER AT THE LINDSEY ROSE 20TH JANUARY 2018



Fifty four Lindsey residents enjoyed an absolutely excellent Village Supper in the Lindsey Rose on Saturday 20th January. The event was organized and executed by Jane Thorogood and Liz Potter. Grateful thanks to them both for organizing such an excellent event and in getting a record number of Lindsey residents in one place, at the same time. Congratulations to you both.

The raffle was also a great success, mainly because the author won a bottle of red, although he would be happy to swap it for the bottle of Adnams Prosecco that he donated! The pictures demonstrate how good the event was and Patty Standen received a belated birthday cake, made especially by the Lindsey Rose chefs.

Thanks must also go to Charlie and Sophie for hosting the supper and organizing the delicious food and the top class service. It is really refreshing to see the pub being used by many again.



Rhett Corcoran

GVI MARINE BIOLOGY INTERNSHIP - MAHE ISLAND, SEYCHELLES OCTOBER 14th to DECEMBER 11th



Post completing my A level year in the summer of 2017 I had a fantastic opportunity to further develop my interest in Biology, my chosen university degree course. I travelled to the Seychelles in October to complete a two month internship with GVI. This organisation, founded in 1998 to undertake volunteer marine conservation projects in vulnerable marine ecosystems around the world, has been operating there since 2004. This proved to be an extraordinary experience and I hope, in the few paragraphs below, to give you a short insight into life on Mahe.

The Seychelles is an archipelago of 115 islands located in the Indian Ocean roughly 700 miles east of the Kenyan boarder with Somalia. I stayed the entirety of my time on Mahe, the largest island. What first struck me when I walked out of the airport was the scale of the place. The capital city Victoria is about the size of Boxford. The island itself is only 38,000 acres, smaller than many of the islands off north west Scotland. The GVI base is located at the most northern point on the island at Cap Ternay. A truly stunning location. I really could not have wished for a better spot to conduct my two month internship.

Although nearly everyone who I have told about my time there believes that I was really on an extended holiday I promise it was far from it. Rewarding but very hard work. My typical day consisted of an early wake up around 5.30am. Depending on the position of the tide we (the other interns and I) would have to push the boat out of the bay to avoid it becoming beached. Every morning we would get different jobs; cleaning, cooking or making sure all the kit and equipment was ready for the day's work. Breakfast was simple fare consisting of raw oats and powdered milk. When I first arrived the camp was in a bit of a crisis. We had very limited food. The main shipping vessel that supplies Mahe with 95% of its food had been delayed by 15 days. I had really arrived during a minor famine. Everyday I would dive twice. The objective was to study the rate of coral bleaching whilst also monitoring the abundance, gender and size of the commercially caught fish populations on the 29 different fringing reefs around north Mahe. The diving was eye-opening, far from what is advertised on travel websites. The effect of global rising sea temperatures is truly shocking. Sir David Attenborough gave us all a recent insight into this during his latest Blue Planet II series. Sadly the reality is far worse than the beautifully edited BBC documentaries. Sir David no doubt is all too aware of this but the sight of dead and decaying reefs was probably left on the cutting room floor. During the summer of 2016 there was a mass coral bleaching event, sea temperatures were recorded at 35c, five degrees higher than usual. This has resulted in a highly visible and catastrophic reduction in coral health. The only comparison I can think of is that the reef was like the Elephant Graveyard from the Lion King films.

Besides diving, the camp also ran lessons for 3 different schools on Mahe, focusing on marine conservation. This program of involving the local youth community in our work is proving effective, many of the children want to take an active part in conservation, as most think that it is the best way of sustaining their tourism industry. The lessons I taught each week were challenging but also great fun. The children were exceedingly bright for their age and super quick on the uptake. I am confident the island is in good hands. No lack of academic horsepower here. Lessons always ended in a game, usually duck, duck, goose or stuck in the mud although the extreme heat did test my fitness...

Thankfully the trip was not all work. Each week we would get a day off where we could travel the island using the terrifying local bus service. Getting on the bus was the best way of exploring the island. I never had a clue where I was going. As a big lover of food I spent most of my weekends on the hunt for the best Seychelles cuisine. The island is very culturally diverse, easily seen by looking at the foods sold along Victoria's market streets. It's far to say that I indulged myself as much as possible. During my days off and quite lost, I stumbled across the most idyllic place I have ever been, a hidden beach right at the southernmost tip of the island. It was one of those places that no amount of words can truly do it justice. I returned to this spot, to go surfing on every one of my down days. This was when I really started to love island life. What I enjoyed about living on Mahe was the way the local people thought about time. You were never asked what time it was. There was never a set pace for doing anything. The only clock I ever saw was on the famous Mahe clock tower which stood at a mighty 11ft tall. Time just moved a lot, lot slower. My experience of island life is best described by asking you to listen to Three Little Birds by Bob Marley.

All too quickly it was time to return to Lindsey. So what was my takeaway from this all too short stay? Whilst the problem of marine degradation may seem insurmountable I did leave GVI with a strong sense that my efforts, however small and brief, were making a difference in helping ocean environments. Through the actions of this long term project, and the perspiration of an army of interns, real and tangible progress has been made. The reality is however that the only chance we have of improving marine health is by working as a global community alongside organisations like GVI. What I cannot stress enough is the importance of not leaving the problem to somebody else. Everyone can make a difference. Through seven billion (our current global population) small but incremental behaviour changes whether it be reducing our carbon footprint, sorting our waste properly or better still using the least amount of plastic possible we can all fix this together.

Finian Moore

THE LINDSEY ROSE

We hope that you are all having a prosperous start to 2018 and would like to take this opportunity to thank you for your continued support.

The events that we held in 2017 were a great success and attracted many more people than we had anticipated, so for this, we thank you for your patience with the amount of traffic in our village and for any other disturbances you may have experienced.

On the 12th & 13th of May we will be hosting a Cider Festival. We have made our own batch of cider which will be on offer at the festival, do come and try and let us know your (honest) thoughts! If you are interested in getting involved with the event, or perhaps the Beer Festival (3rd 4th & 5th Aug) or Bonfire Night (3rd Nov) that we are hosting this year then please do pop in and see us - if not just for a chat!

All the best,
Charlie & Sophie

THE LINDSEY ROSE



Leaving a pub can be difficult at anytime, but some customers at the Lindsey Rose took the easy option and left by air!



Rhett Corcoran

FROM BRYN HURREN

It has been probably the most difficult year to date in my nineteenth year serving the public as your District Councillor and it will be even more challenging in the year ahead I am sure. While in the past years Babergh has always been run on largely non-political lines, since the May 15 elections we have had a political administration and lately a Cabinet which make most decisions and quite often without the need to even refer to the rest of the Council members as a whole. I personally have always been of the opinion that politics should not be brought so strongly into local government and I feel I have been proved right in this instance. We have had the disastrous move of Babergh away from our previous H.Q. at Corks Lane Hadleigh into shared accommodation at Endeavour House Ipswich, we are the first Council in England to have our base outside the area that we represent and it has not gone well, we failed to consult with our staff properly and we had a huge backlash from those that would or could not go for a variety of reasons. This led to delays and along with other problems this project that was meant to save money is now hugely over Budget and our Public have had difficulty accessing our services from our only access point in Sudbury and by the telephone and website.

We are now being forced to consult on a total Merger which if it happens will mean the end of Babergh and Mid Suffolk and the creation of a new Council area to serve all the people in the south and mid west of the County, this is being driven by the ruling administration once again to make savings but I think we should all be careful what we wish for. There will be bad news also for Council Tax payers with rises across the board of about 5% on our bills, while the District rises are 3.25%, the County Council, Police and Social Care increases will all be added in to our new bills for 2018. Some good news is that our Solar Panels on housing stock continue to generate an income for us of about £500,000.00 per annum and our recycle rates remain good and provide us with income to offset the cost of collection and gate fees to the incinerator which provides power from rubbish.

Please do not be put off recycling by the rumours that China will not purchase recycle on the world market, they are in fact still buying well sorted material but will not purchase general unsorted rubbish, this makes it even more important to be careful what we recycle into our Blue Bins, we want everything that you can possibly put into them but please follow latest instructions that will be coming out soon. Planning is the biggest issue that is on all our minds at the moment with huge applications coming in all across the District without any meaningful infrastructure to support them, if only all the villages had followed Lindsey's example and just added six houses to the village we would not have had such problems. A little growth to support local housing needs is a good thing and keeps our little villages sustainable and Lindsey should be proud of the stance it has made. In our core village of Boxford it will soon be possible to take part in the National Lottery at the local village shop, along with all the banking facilities at the Post Office this should keep some services local and viable, sausages from Suffolk's best butcher will also make your journey worthwhile. I remain very active as your Councillor and attend all your meetings and will be at your A.G.M. to give annual report and answer any questions and concerns you may have. Keep well, it will soon be spring and warmer.

All Best Regards Bryn. 01787 210854 bryn.hurren@babergh.gov.uk

JAPANESE KNOTWEED



Japanese Knotweed (*Fallopia Japonica*) is classed as an invasive species and has established in the wild in many parts of the country. It creates problems due to the impact on biodiversity, flooding, management and damaged property. It spreads easily and is very resistant to being cut, quickly sprouting back from cut stems. It is an offence under Section 14(2) of the Wildlife and Countryside Act 1981 to 'plant or otherwise cause to grow in the wild' any plant listed in Schedule 9 Part 2 of the Act. This list includes Japanese Knotweed.

To eradicate the plant, the root system needs to be killed otherwise it will simply grow back.

In a recent case, the Cardiff County Court held that Network Rail were liable after Japanese Knotweed got into the foundations of houses adjoining the railway. The owners of the properties have been 'trapped' by knowledge of knotweed and could not sell because lenders would not grant mortgages on affected properties. This is only a County Court decision and so may be reviewed at some stage by a higher Court.

The principle, therefore, is set that, if you have knotweed, you must deal with it and ensure that it does not spread to neighbouring property.

David Ross

PARISH COUNCIL PRECEPT

It is that time of year when the Council Tax Bill will be coming through your letter boxes and Lindsey Parish Council takes part of that Council Tax to fund all the activities that it undertakes on behalf of the community.

A Parish Council is allowed by law to raise funds by setting a precept which is a tax charged on each property in a parish as seen on your Council Tax Bill. As you will be aware your Parish Council element of the Council Tax has been increased this year.

The Parish Council no longer receives any funding under the Localised Council Tax Support Scheme, which was given by the government to help offset changes in the way that the Band D equivalent figure is calculated. When setting the Precept this year, the Parish Council has had to be mindful that this year there is no such support grant and that with loss of this income over the past four years there was a need to ensure that reserves were healthy in order to cover commitments.

If Lindsey Parish Council had kept the amount the same for the coming year then there would have been a shortfall in income. This year, the Council has decided to increase the precept by £5.02 per annum or 10 pence per week as part of a longer-term plan to put the Council's reserves on a good footing at a level of 10% of annual turnover. Parish Councils have a direct impact upon the type of and manner in which its local services are delivered and Lindsey Parish Council believes that it demonstrates that it offers value for money and engages with its residents. All decisions impacting Lindsey and taken by the Parish Council about spending are made at locally accessible open meetings and based upon a response to locally identified needs.

If you wish to discover how your Parish Council is working for you please visit the Parish website at:

<http://lindsey.suffolk.cloud/>

or come along to a Parish Council Meeting held in the Village Hall every second Wednesday on alternate months the next meeting being 14th March 2018 commencing at 7.30pm with the Annual Parish Meeting taking place on May 9th at 7.00pm.

Clerk to the Council, Lindsey Parish Council

SIMNEL CAKE



Simnel cake is a light fruit cake with two layers of almond paste or marzipan, one in the middle and one on the top, which is toasted. Nowadays it is eaten during Easter, but originally it was made for the middle Sunday in Lent when the 40 day fast was relaxed. This particular Sunday is known as Mothering Sunday and it was the day when female servants were allowed a day off to visit their mothers. Traditionally, the cake was made as a Mother's Day gift.

Ingredients

75 ml milk	$\frac{1}{2}$ teaspoon salt
$\frac{1}{4}$ teaspoon saffron	1 teaspoon mixed spice
175 g currants	180g butter at room temperature
175 g sultanas	180g soft, light brown sugar
4 tbsp brandy, whisky or rum	3 eggs, lightly beaten
50g glace cherries, halved	1 tablespoon golden syrup
50 g whole skinned almonds	Zest of 1 lemon and 1 orange
175g plain flour	50 g mixed peel, chopped if necessary
1 teaspoon baking powder	Sugar syrup, apricot jam or marmalade
45g ground almonds	

500g of bought marzipan or
200g ground almonds
200g icing sugar
Drop almond essence
1 teaspoon orange blossom water
1 egg, separated

Heat the oven to 130C and grease and line an 18-20 cm loose bottomed, high sided tin, cutting an extra circle for the top of the cake with a small circle cut out of the middle to allow it to rise. Warm the milk slightly, add the saffron and set aside to infuse. Soak the dried fruits in the spirits.

To make the marzipan, put the ground almonds and sugar in a mixing bowl or processor and whizz together until well combined. Add the almond essence, orange flower water and egg yolk and mix. Whisk the egg white with a drop of water to loosen and add just enough to bring the marzipan together into a soft dough. Form into a ball, wrap and chill.

Toast the whole almonds in a hot oven till starting to turn golden. Cool. Put the flour, baking powder, ground almonds, salt and spices in a large bowl and whisk to mix. Beat the butter until soft, then beat in the sugar and continue to beat till light and fluffy. Beat in the eggs, one at a time, adding a little flour in between each egg, followed by the golden syrup and zest.

Roughly chop the almonds, then add to the mixture along with the cherries, dried fruit, saffron and milk and mixed peel. Spoon half of the mixture into the prepared tin. Take about one third of the marzipan, roll it on a lightly icing sugared surface into a circle the same size as the tin. Place on top of the cake mixture then spoon the remaining mixture on top. Place the extra circle of greaseproof paper on top and bake for about $2\frac{1}{2}$ hours until a skewer comes out clean (try not to pierce the marzipan). Allow to cool. Remove from tin and peel off paper.

Heat the jam or marmalade (if using) in a small pan till melted and brush this or the sugar syrup onto the top and sides of the cake. Roll remaining marzipan into a circle and lift onto the cake, trimming it to either fit the top or to overlap slightly (see picture). Heat the grill to medium high and grill for a few minutes till pale golden, or use a cook's blow torch. For a traditional decoration roll the marzipan trimmings into 11 balls (to signify the 11 loyal apostles). Stick them onto the cake with jam and grill for a few more minutes till golden.

Lynne Walters

NEWS FROM KERSEY SCHOOL

(Reception)

To finish our learning around the topic of Superheroes, Squirrels had a surprise superhero visit! We were very lucky to be joined by PCO Denise Ford who told us all about her job, showed us her uniform and we even got to explore her police car. Squirrels then enjoyed a superhero day where their parents joined us for the afternoon where together they made their own 'Supertato' stories and movies! This half term we will start learning about Chinese New Year before learning all about space.

Hedgehogs (Years 1 and 2)



Hedgehogs class have had a busy half term learning about toys. We learned about the first teddy, the history of dolls, and how toy vehicles have changed. In DT we designed made our own teddies, peg dolls and toy cars. On Tuesday 30th January we went to Hollytrees museum in Colchester where we dressed up as Victorian children. We then learned about life in a Victorian house and had the opportunity to play with some Victorian toys. We finished off our topic by creating a toy museum in our classroom and inviting our parents in to see what we have been learning about.

Badgers (Years 3 and 4)



We had great fun taking part in this year's pancake races. We all tried our best and made it through the course in one piece! In Literacy we have been working hard on developing our journalist skills by writing our won newspaper. We pretended we were back in 1922 and we were in Egypt when Tutankhamen was discovered. We had great fun in finding out facts, as well as writing the articles.

In PSHE we have been learning all about staying safe and watched Dexter the Duck, who taught us all about the dangers of electricity and how to stay safe. All of Badgers are very excited to be visiting The British Museum next term to develop their Egyptian knowledge even further.

Owls (Years 5 and 6)



Owls class are continuing their learning about 'Keeping Green' - they have invented their own rubbish bins and written a complex set of instructions on how to use them. The children are also busy making lots of different products from recycled materials, including picture frames, vases, elephants from milk bottles (it can be done!) and pencil/pen holders- these will be on sale in the next half term to raise money for the class.

If you would like to know more about Kersey school or would like to arrange a visit please ring the office on 01473 823397, email: admin@kersey.suffolk.sch.uk or visit our website: www.kersey.suffolk.sch.uk

Elizabeth Cousins

Joke Corner!

Patient - Doctor, can you help me out?

Doctor - Yes, you may make your way out the same way you came in.

Q How can you make number seven into an even number?

A. Take out the 's'.

Q. When is it bad luck to see a black cat?

A. When you are a mouse!

Q. What is owned by you but mostly used by others?

A. Your name!

Q. Can a leopard hide anywhere?

A. No, he is always spotted!

Q. How can you make a golden soup?

A. Just add 24 carrots.

Kids Corner



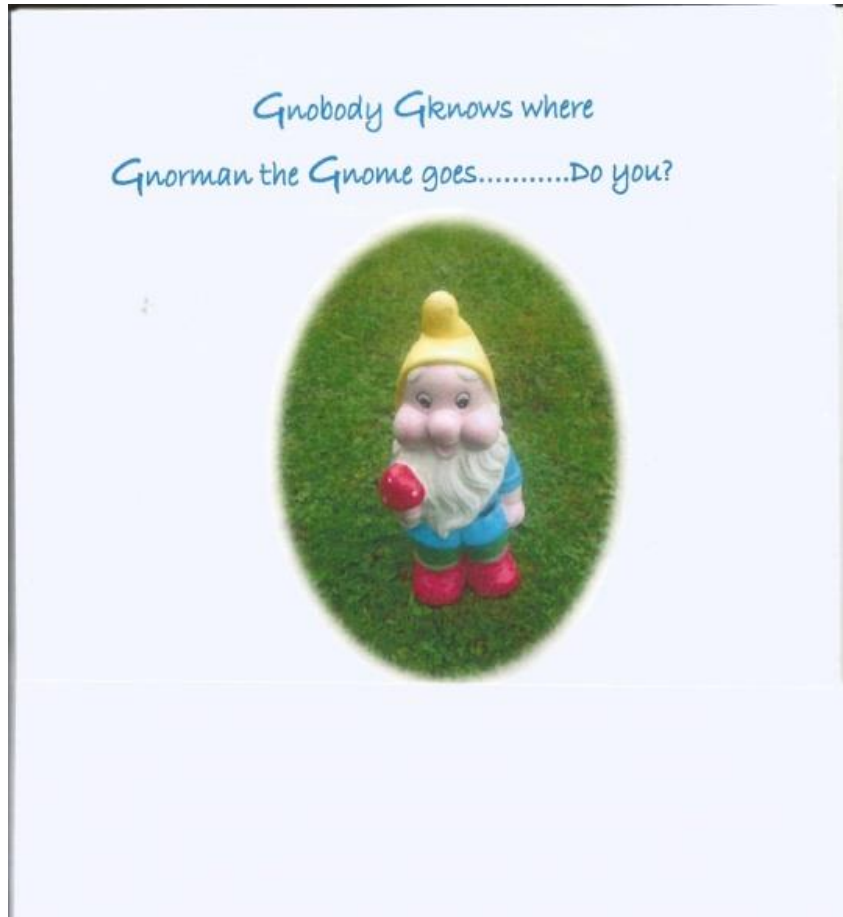
Don't be shy Let's celebrate talent and creativity in Lindsey!

Please email Sarah - SMTerndrup@aol.com



GNORMAN THE GNOME

Congratulations to Lisa-Marie Minter of Folly Farm for finding Gnorman. He will be hidden again shortly.



Keep your eyes peeled and if you're the first to find Gnorman, please contact Jacqui on jacquidelhaye@yahoo.com to collect your prize

HIGH SHERIFF'S YOUNG VOLUNTEER OF THE YEAR 2018 FROM LINDSEY

Beth Maskell was recently nominated for the High Sheriff's Young Volunteer of the Year Award 2018 for all her work within Young Farmers and came joint second winning £250 for her club, Brett Valley Young Farmers.

The category was for the under 25s with the winner being 24 and she's only 15! As you can imagine we are all very proud of her.

Many congratulations on her achievement.



PLAN FOR GLORIOUS WINTER SCENT



Now that we are coming out of winter and heading into Spring, it's easy to discard all thoughts of the cold grey months as we head into the season of exciting new growth.

But this is precisely the time to remember that a winter garden can be an enormous source of pleasure: on bright, crisp, clear winter days, there are often a great many treats in store - especially if, like me, you're a sucker for a sweet scent. And now is just the right time to plan and plant next winter's stars...

All through November, December and January, there is a plethora of flowering shrubs and trees bursting with sweet-smelling blossom. Here's a just a few of my favourites...

Viburnum bodnantense is usually already in full flower by December. Clusters of delicious, creamy-pink, vanilla scented flowers which you can smell from quite a distance away - actually the scent is so strong it's best planted at the back of a border where the perfume can drift across to you.

Mahonia is such a useful shrub. Evergreen, extremely hardy and forgiving, and with spectacular sculptural foliage, they produce stunning bright yellow flower spikes which smell like lily of the valley.

Witch Hazel (*Hamamelis*) is another invaluable source of winter perfume. The petals look like thin wisps of coloured paper (they come in shades of yellow, red and orange). Always best to plant them where the low winter sun can shine through the blossoms, so that the flowers seem to glow as they release their richly sweet scent.

Clematis. Yep - there's even a winter-flowering clematis which has a marvellous scent. *Clematis cirrhosabalearica* produces clusters of creamy bell shaped flowers speckled inside with tiny splashes of burgundy. The scent is delicious but faint, so plant it against a sunny wall that you pass close by...

Honeysuckle. And there is a winter honeysuckle as well. *Lonicera fragrantissima* is a strongly scented climber that will rapidly cover a large area once it gets started. It's flowers are pretty insignificant - small pairs of tiny white wings with yellow stamens - and even these will disappear beneath leaves in sheltered areas where the plants can be semi-evergreen. But the scent is delightful, rather like freesia, so it's well worth growing for the perfume alone.

Daphne is rightly famous for its winter scent. There are a great many varieties - some more tender than others - but plant one in a sheltered spot and you will be well rewarded. Their fragrant pink and white flowers are very cheering in winter.

Osmanthusdelavayi has probably the most glamorous scent of all. Once smelt, you are hooked. It has dark green leaves and looks a little like an evergreen privet or unruly box although it responds well to clipping and pruning. But, more importantly, its clusters of small white flowers produce a heavenly scent.

Consider, too, position: the perfect spots for winter scent are by the place you park your car, the path from car to house, by the back door, front door, side door - any door. Any place you regularly pass by.

So, however large or small your garden, now's the time to plan for next winter. Take a moment to consider what you will plant - and where you will plant - to make a perfumed treasure of your own in the winters ahead.

Peter Probert

**WORLD WAR 1 BEACONS OF LIGHT COMMEMORATION
11 NOVEMBER 2018**

On 11th November 2018, the United Kingdom will mark the day 100 years ago when the guns fell silent at the end of the First World War.



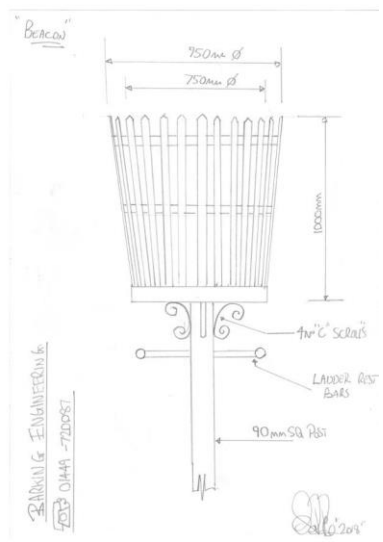
The Beacons of Light Tribute is a poignant reminder of the darkness brought by war so evocatively captured in Sir Edward Grey's quote from 1914.

"As the lights go out and the beacons are lit it is timely to reflect on what we might learn from our forefathers' experiences. We owe it to those who have gone before us to help the younger generation, further removed by time from war, to see beyond the mud and the blood and the casualties. We might learn about national resilience and community spirit, and in being prepared to fight the war we might have to fight, there is a much better chance of deterring that war from ever happening."

Lindsey Parish Council has agreed that a Commemoration be held at 1900 hours on the 18th November 2018 probably at the Village Green or in front of the Red Rose, and that the names of Lindsey's fallen from the Suffolk Regiment are read out by the Chairman of the Parish Council. After a short period of reflection, the Beacon of Light will be moved to the field adjacent to the Red Rose (with the owner's permission) where refreshments may be taken.

Lindsey's Beacon of Light will cost in the region of £700 and some of the cost may be offset by the 'Locality Budget', subject to confirmation. Any donations to offset the cost would be gratefully received. The Beacon of Light will be in Lindsey for perpetuity, and will, and can be, used for other events in the future

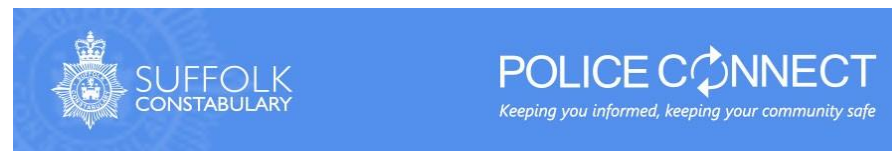
Barking Tye's Beacon of Light is shown below as example and adjacent to that is the Lindsey recommendation.





What can I recycle in my blue bin?

- Paper and cardboard
- Plastic bottles and containers
- Cans and foil
- Textiles (in ['Recycle for Suffolk' textiles bags](#))
- Aerosols (NEW)
- Books (NEW)
- Cartons (NEW)
- Metal Pots, Pans and Trays (NEW)



The following message is sent on behalf of Suffolk Trading Standards -

Each year scams cause between £5Billion and £10Billion worth of detriment to UK consumers. In addition to the financial impact, scams can have a severe emotional and psychological impact on victims.

To fight back against the criminals, Suffolk Constabulary are supporting a new initiative called Friends Against Scams that has been launched in Suffolk by Suffolk Trading Standards.

Friends Against Scams is a campaign which aims to protect and prevent people from becoming victims of scams by empowering communities to 'Take a Stand Against Scams.'

The aim of Friends Against Scams (a National Trading Standards Scams Team initiative) is to:

- inspire action
- highlight the scale of the problem
- change the perceptions of why people fall victim to scams
- make scams a local, regional and national topic

By completing the online learning, anyone can learn about the different types of scams and how to spot and support a victim. With increased knowledge and awareness, people can make scams part of everyday conversation with their family, friends and neighbours, which will enable them to protect themselves and others from scams.

Suffolk Trading Standards are asking Suffolk residents to join the fight against scams by becoming a Friend Against Scams. They aim to have 1500 Friends by the end of 2018 and are calling on individuals and businesses to make the pledge.

To become a Friend Against Scams please go to www.suffolk.gov.uk/Friends

Help us keep our communities safe.

Police advice on a variety of subjects can be accessed via <https://www.suffolk.police.uk/advice>

To report something, or to otherwise contact Police, use the link <http://www.suffolk.police.uk/contact-us>

To report something anonymously call Crimestoppers on 0800 555 111 or visit www.crimestoppers-uk.org

Alternatively call **101** for non-urgent matters.

Always call 999 in emergencies, or if an immediate police response is required.

Police Connect Team

HADLEIGH COMMUNITY TRANSPORT

Hadleigh has had a comprehensive transport service in place for more than 12 years. Hadleigh Community Transport Group provides a door to door minibus service, with complete wheelchair access, for residents unable to use conventional bus services. A daily bus service also runs between Hadleigh and Manningtree linking up with mainline rail services and the evening and Sunday 90 bus service into Ipswich. The organisation also operates demand responsive transport to and from many surrounding parishes, including Lavenham and Bildeston, where no other transport is available. The Hadleigh Community Transport Group also has an accessible car, which can be used for local journeys.

WHO TO CONTACT

Name Joy Moran
Position Transport Services Manager
Telephone 01473 826242
Email bus@hadleigh.org
Website <http://www.hadleigh.org>
Address 100a Lady Lane Industrial Estate
Hadleigh
Suffolk IP7 6BQ

WHERE TO GO

Name Hadleigh Community Transport
100a Lady Lane Industrial Estate
Crockatt Road
Hadleigh
Suffolk IP7 6BQ
Area served Hadleigh, Lavenham
Email bus@hadleigh.org
Website <http://hadleigh.org>

WS&R

WATKINS STEWART &
ROSS

8 Lower Brook Street,
Ipswich IP4 1AL
t:01473 226226 f1: 01473
230052

BACKS FOR THE FUTURE

Lucinda A Salway DO,
Registered Osteopath
Now at Kersey Mill

info@backsforthefuture.co.uk

Mob: 07818 420029 / Tel: 01449 74072



LADDERLESS
WINDOW CLEANING

David Sillett

T: 01473 831231

M: 07742 601747

E: davidasillett@aol.com



loose covers and curtains by Jean

All types of loose covers, cushions
and handmade curtains
undertaken

Lavenham way
Stowmarket
Suffolk
IP14 2BP

Telephone or email for a free quotation

07767 317735

01986 798142

knowles839@btinternet.com

www.loosecoversbyjean.co.uk

Est. 1975



BRYN HURREN

Specialist in Handmade Traditional
Furniture
Bespoke Kitchens, Joinery & Handmade
Furniture



Made To Order

Free Quotations

Tel: 01787 210854

Mob: 07771 508348

www.barnworkshop.co.uk

Lindsey Village Helpful Hints

- CHURCH:** St Peter's Lindsey
Church Warden: Michael Moore 01787 210373
- DOCTORS:** Bildeston Health Centre: 01449 740254
Hadleigh Health Centre: 01473 822961
- FARM SHOP:** Hollow Trees: 01449 741247
- GARDENING WORK:** Lister Countryside Services
Chris: 01473 805792 / 07919 287656
- CARPENTRY/JOINERY:** Bryn Hurren: 01787 210854 / 07771 508348
- HOUSEHOLD RUBBISH:** Bins collected on Friday. Black bin one week. Blue and Brown following week. Recycling centre in Hadleigh.
Bottle bank at the Lindsey Rose
- MILK DELIVERIES:** H. Byham & Sons Ltd. 01787 372526
- NEWSPAPERS:** Delivered news 01622 719446
- POST:** Boxes at Lindsey Rose & White Rose House.
- VET:** Highcliff Veterinary Practice
- VILLAGE HALL:** Contact Vanessa Whymark: 01473 822439 / 07817 852328
- TABLE TENNIS:** Contact Simon Frost: 07768 828362
- YOGA:** Wendy Woo-Lake: 07939 111693
- JAZZ BAND:** Rehearsing in the Hall alternate Wednesdays.
- THE LINDSEY ROSE:** Tel: 01449 741424
- NEWSLETTER:** [jacquidelhaye@yahoo.com/](mailto:jacquidelhaye@yahoo.com)
lindseynewsletter@gmail.com
- PARISH COUNCIL:** Chair: Clive Arthey
Parish Clerk & Responsible Financial Officer: Vicky Waples, Tel: 01284 787178
Email: lindseypc@outlook.com